

Application for Residential Program

(Please print clearly, read through the entire application, and answer all questions to the best of your ability)

Name: _____ Date: _____

Please check which home you are applying for: Livermore House (Alameda County)

APPLICANT Quick View Information:

Age:	Date of Birth:
Social Security Number:	Phone Number:
Emergency Contact #1: (Name, phone #, relationship)	Emergency Contact #2: (Name, phone #, relationship)
City/State of Birth:	Current City/Address:
Height:	Weight:
Biological Sex: male or female (circle one)	Preferred Pronouns:
Ethnicity:	Race:
Children/Dependents:	Relationship Status: Single, Married, Divorced, Widowed (Circle One)
Currently Incarcerated: yes or no (circle one)	Currently Unhoused: yes or no (circle one)
Substance/Drug of Choice and Method of use:	Secondary Substance/Drug of Choice and Method of use:
Gang Affiliation: yes or no (circle one)	Tattoos: Describe what and where you have tattoos on your body.
Valid Driver's License: yes or no (circle one)	Do you own a car: yes or no (circle one)
Driver's License #:	License Plate #:



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APPLICANT DETAILED INFORMATION

(Primary)EmergencyContact: _____
Phone: _____ Address: _____
City/State/Zip _____

(Secondary)EmergencyContact: _____
Phone: _____ Address: _____
City/State/Zip _____

LEGAL/CRIMINAL HISTORY:

Have you ever been arrested? ____ No ____ Yes

If yes, list all charges and years of charges:

Probation or Parole Officer's Name: _____

Phone: _____ Are you currently Incarcerated?: ____ No ____ Yes

If incarcerated, date of being incarcerated: _____

Date of being released from Prison: _____

Date of going before the Parole Board: _____

What CDCR Facility are you at: _____

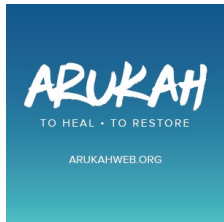
Are you a part of any programs while incarcerated: ____ No ____ Yes

If yes, explain: _____

Are you court ordered here? ____ No ____ Yes- If yes, who is notified when you terminate the program:

Name: _____

Phone: _____



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Are you a convicted felon? No Yes

If yes, explain: _____

(If you are a convicted sex offender, Arukah is not able to house you because of the location of our homes)

Have you had any misdemeanors in the past 5 years? No Yes

If yes, explain: _____

GANG AFFILIATION:

Have you ever had any gang affiliation? No Yes

If yes, explain: _____

Gang Name: _____

Year that you joined the gang? _____ Are you still affiliated with gang? No Yes

If yes, explain level of activity: _____

Do you have any tattoos associated with gang involvement? No Yes

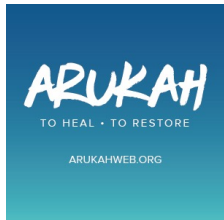
If yes, explain: _____

Have you publicly denounced gang membership? No Yes

If yes, what year did you get out of the gang? _____

Do you have any outstanding warrants or traffic violations? No Yes

If yes, explain: _____



Application for Residential Program

Alcohol and Drug History:

Please fill out this portion of the application very well.

Types of Drugs	Using Now? (Yes or No)	Method of use and frequency of use	Dates Used
<i>Example: Alcohol (drink of choice)</i>	No	<i>I used alcohol every day for the past 3 years before I was locked up. My favorite drink is whiskey, Jack Daniels.</i>	<i>September 2019- September 2022</i>
Alcohol (drink of choice)			
Tobacco			
Marijuana			
Cocaine			
Crack			
Glue/Paint			
Heroin			
LSD			
Barbiturates			
Meth/Crank/Speed			
PCP			
Prescription Drugs			
Other:			

Do you have any drug charges? ___ No ___ Yes

If yes, explain: _____



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Have you ever been to any drug rehabilitation programs? No Yes

If yes, explain: _____

Did you successfully complete those programs? No Yes

If yes, explain: _____

On a scale of 1-10, how badly are your cravings right now for your drink or drug of choice?

1...2...3...4...5...6...7...8...9...10 (circle one)

Are you currently working with anyone on your alcohol or drug addiction? No Yes

If yes, explain: _____

Have you ever attended NA or AA meetings? No Yes

If yes, explain: _____

Have you successfully completed the steps with a sponsor? No Yes

If yes, explain: _____

Have you ever overdosed? No Yes

If yes, explain: _____

Have you ever needed NARCAN or any opioid overdose treatment? No Yes

If yes, explain: _____

Have you ever lost anyone due to alcohol or drug addiction? No Yes

If yes, explain: _____

Do you have any family members with alcohol or drug addiction? No Yes

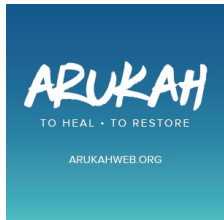
If yes, explain: _____

HEALTH AND WELLNESS:

Do You have Health Insurance? No Yes

If yes, explain: _____

Company? _____



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What is your Doctor's Name? _____

Phone: _____

Do you have any current health problems? ____ No ____ Yes

If yes, explain: _____

Are you currently taking any prescriptions? ____ No ____ Yes

If yes, explain: _____

Do you have any diagnosis/ mental illness or substance abuse disorder? ____ No ____ Yes

If yes, explain: _____

Do you have regular Doctor or Dentist visits? ____ No ____ Yes

If yes, explain: _____

Have you ever been 5150'd? ____ No ____ Yes

If yes, explain: _____

Have you ever been conserved by a county or state? ____ No ____ Yes

If yes, explain: _____

Have you ever attempted suicide? ____ No ____ Yes

If yes, explain: _____

Have you ever self-harmed? ____ No ____ Yes

If yes, explain: _____

CHILDREN/DEPENDANTS:

Do you have children? ____ No ____ Yes

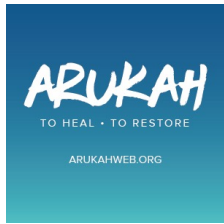
If yes, explain: _____

Are you paying child support ____ No ____ Yes

If yes, how much per month? _____

Do you have custody of any children/dependants? ____ No ____ Yes

If yes, explain: _____



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EMPLOYMENT HISTORY:

Name of Employer, Phone #, Dates Employed, Job Titles and responsibilities:

What types of jobs are you qualified for?

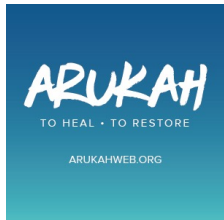
Do you have any training or certifications?

Are you currently able to work?

FINANCES:

List all financial responsibilities (includes cars, credit cards and any other bill you have):

Total Debt: _____



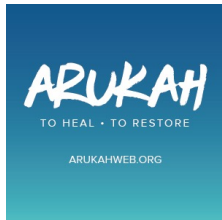
Application for Residential Program

Applicant Agreement:

1. Are you willing to commit up to one year of your life to this residential program?	Y/N
2. Are you willing to agree to spend the first 30 days with no distractions to help focus on moving forward and develop healthy habits? (telephone calls, visitors, or letters) If you are coming out of Prison we will allow you to connect with family that is safe.	Y/N
3. Do you have any pending legal matters that you need to resolve? *If so, please disclose here:	Y/N
4. Are you on probation or parole? *If so, you must have a letter from your officer stating the conditions of your parole or supervising officer, before entering the Arukah House.	Y/N
5. Do you have any pending medical conditions? *If so, please disclose here:	Y/N
6. Do you have any mental health or substance use diagnosis? *If so, please disclose here:	Y/N
7. Do you have any personal matters that would take you away from the Arukah House? *If so, please disclose here:	Y/N
8. Do you have a vehicle or other mode of transportation? *If so, please disclose here:	Y/N
9. Are you willing to commit to a drug free environment and follow all program rules, today?	Y/N

I acknowledge that the information stated on the “**Applicant Agreement**” document is true.

Applicant Initials: _____



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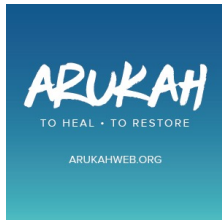
What Is Expected of Each Resident:

- Arukah House aims to provide residents with a healthy family atmosphere. We acknowledge that not all residents come from a safe or healthy family. So, we expect you to treat the home, other residents, and staff with respect, care, dignity, and love.
- Arukah is an environment provided to you to support change in your life and help you on a path to recovery. We expect you to want to change your life, to be completely honest with yourself and staff, to ask for help when needed, to learn and practice self-care, and to follow rules.
- Arukah Staff Members are here to support you succeed. They are committed to your success. Following their guidance while you are in the program is very important in maintaining a safe and supportive program for you and your peers.
- At Arukah, we believe in the Christian triune God. We attend Bible Studies and fulfill all the Bible assignments required. This includes Bible workbooks, Bible reading, scripture memorization, church services, prayer time and more.
- All residents will be required to improve their life skills throughout their time at Arukah. This includes doing their share of the house chores, vocational training, computer skills, financial/budgeting skills, communication skills, coping mechanisms, service projects in the community, etc.
- Arukah program is provided to each resident at a small cost. We prioritize giving back by providing services to people in the community and continuing to give.
- All residents are expected to follow all Arukah house rules including the direction and leadership of Arukah staff. We hold safety as a high priority and require adherence to house rules. If a resident violates a rule, they will be corrected, given a warning, and spoken to by staff. If the resident continues to dismiss house rules and has poor behavior, this will be taken seriously and the resident's placement in the program may be at risk.

Arukah House Rules:

**Arukah Lead Staff have the ability to add or edit any rules and regulations to this list.*

- 1. Healthy Living:**
 - a. Adhere to Biblical principles and scripture.
 - b. Do not romance the past with glorifying talk about your addictions, relationships, or prison. Seek the Kingdom of God first (Matthew 6:33)
- 2. Participation** from each resident to thoroughly engage in the program is required.
 - a. Residents must attend all classes, groups, meetings, and church as set forth by the program leadership.
- 3. Safety**
 - a. Follow ethical standards and maintain all California laws.
 - b. No weapons including knives, guns, tasers, pepper spray, etc are allowed.
 - c. No substances such as illegal/legal drugs, alcohol, tobacco products, or prescription pills not prescribed to you will be allowed while any resident is enrolled in the Arukah program.
 - d. No sexual activity with another person will be permitted while a resident is in Arukah Program.
 - e. Pornography is not allowed. This includes magazines, online, audio, ie) Only Fans, PornHub, etc.
 - f. Residents are not allowed in any bedroom but their own.
 - g. No participation in gang activity is allowed in the program. Honesty about gang involvement is required before acceptance into the program.
 - h. Random Urinalysis (UA) testing will be applied to all residents
 - i. Property searches may be completed if there are concerns for house and resident safety.



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4. **Cleanliness** and organization is expected.
 - a. All clothing and personal items must fit neatly in assigned closets and dressers.
 - b. Each person is responsible for keeping their own living area neat and clean.
 - c. Daily hygiene is required. This includes regular showers and grooming.
5. **Resident Presentation:** Appropriate clothing must be worn at all times.
 - a. No clothing promoting any of the following: drugs, alcohol, tobacco, sex, etc.
 - b. No sagging pants or shorts that show underwear.
6. **Schedule:**
 - a. Adhere to room time schedule at 10:00pm every night except Friday and Saturday at 11:00pm.
7. **Resident Behavior:**
 - a. Let's commit ourselves to a higher standard- God's way of love, responsibility, truth, and grace.
 - b. No foul language is permitted and derogatory jokes will not be tolerated.
 - c. Honesty and respect from all residents to staff and peers is expected.
 - d. Fighting or threats to any other member of this house will be terms for dismissal. This includes posturing, wrestling, and horse play.
8. **Visitations and Phone Contact:**
 - a. At all levels, all phone calls, visitors, and Visitation/Day Passes must be arranged and approved by Arukah Staff.
 - b. No new romantic relationships with members of the opposite or same sex.
 - c. Everyone is to remain on house premises unless a pass has been issued.

I acknowledge that the I have read and understand the information of “**What is Expected of Each Resident and “Arukah House Rules”**”. If I have any questions, I will ask the Executive Director or Arukah Staff conducting my interview.

Applicant Initials: _____



Application for Residential Program

Levels Program Overview

**All program criteria and levels are subject to modification and change depending on the individual needs of each resident and the program design.*

The Arukah House follows a multi-level program. Each Level has specific criteria that the residents of Arukah are required to complete in order to successfully graduate the program. Please review the following description of the levels and initial at the bottom to verify you understand what is required.

The Arukah Program has been developed to give unique opportunities to residents based on their commitment to complete the program. This provides the residents with practical skills to improve their self-discipline, gain support from the Arukah House community, increase their self-esteem, grow spiritually, build healthy relationships, and more.

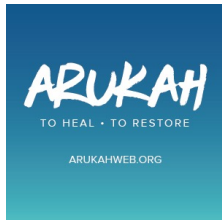
All residents enter the program at Level One. Each resident will have the opportunity to gain privileges and trust with program staff and peers as they complete each level. Privileges and trust can be lost if a resident is not working their program successfully. The main goal and hope for each resident is that they discover God's plan and purpose for their life while re-entering into society and/or maintaining sobriety. *Program privileges may be added, changed, or removed depending on the needs of the Arukah resident and their individualized program.

Level One:

- Follow all house rules and maintain respect to all peers and house staff
- Attend church regularly
- Attend NA/AA meetings weekly
- Meet regularly with Arukah mentors and assigned staff members
- Make Personal Goals:
 - Create three short term goals to complete within 1-3 months
 - Write out the steps to complete them
- Learn the Bible and memorize scriptures:
 - Memorize five designated scriptures
 - Learn Matthew 22:37-40 Be able to explain it and how you will live this verse out in your life.
- Read Books:
 - Read 'Purpose Driven Life' book
- Complete Written Essays:
 - Write a 2,000-word essay "Why Am I Here?"
 - Write a 1,000-word essay on "Why Does My Life Matter?"
- Complete alcohol or drug (AOD) recovery specific worksheets, as assigned
 - Learn Automatic negative thoughts (ANTS) and complete supporting worksheets

Level Two:

- Follow all house rules and maintain respect to all peers and house staff
- Attend church regularly
- Attend NA/AA meetings weekly
- Find an NA or AA sponsor
- Meet regularly with Arukah mentors and assigned staff members
- Follow Up on Personal Goals:
 - Document status on three short term goals
 - If completed make one, two or three more short term goals

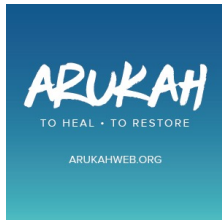


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- Learn the Bible and memorize scriptures
 - Memorize seven more designated scriptures
 - Learn the New Testament books of the Bible in order
 - Recall Level 1 scriptures
 - Recall Matthew 22:37-40 Be able to explain it and how you are living this verse out in your life.
- Read Books:
 - Read Bait of Satan
 - Read one Bible Study book of your choice
- Complete Written Essays:
 - Write a 2000-word essay on “How Can Positive Change Take Place In My Life?”
 - Write a 1,000-word essay on “Who Is The Biggest Support In My Life?”
 - Write a 1,000-word essay on each Bible Study book
- Complete alcohol or drug (AOD) recovery specific worksheets, as assigned
 - Recall Automatic negative thoughts (ANTS)
 - Speak honestly with staff about AOD cravings or other related desires, cravings, behavior
 - Begin working the 12 steps with NA/AA sponsor

Level Three

- Follow all house rules and maintain respect to all peers and house staff
- Attend church regularly
- Attend NA/AA meetings weekly
- Find an NA or AA sponsor
- Meet regularly with Arukah mentors and assigned staff members
- Follow Up on Personal Goals:
 - Document status on three short term goals
 - If completed make one, two or three more short term goals
- Learn the Bible and memorize scriptures
 - Memorize seven more designated scriptures
 - Learn the Old Testament books of the Bible in order
 - Recall Level 1 and 2 scriptures
 - Recall Matthew 22:37-40 Be able to explain it and how you are living this verse out in your life.
 - Recall New Testament books of the Bible in order
- Complete Written Essays:
 - Write a 2000-word essay on “How am I going to implement my exit plan?”
 - Write a 1,000-word essay on “What is the Importance of accountability and integrity?”
 - Be able to explain this to staff and peers
 - Write a 1,000-word essay on each Bible Study book
- Read Books:
 - Read “Gifted Hands” (Ben Carson Story)
 - Read two Bible Study book of your choice
- Plan:
 - Develop an exit plan outline and review with and present to Pastor/Staff
- Leadership:
 - Lead house devotion
 - Offer support to one new resident in the program



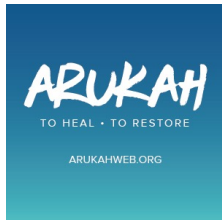
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Level Four

- Follow all house rules and maintain respect to all peers and house staff
- Attend church regularly
- Attend NA/AA meetings weekly
- Continue meeting with NA/AA sponsor
- Meet regularly with Arukah mentors and assigned staff members
- Follow Up on Short Term Personal Goals:
 - Document completion of three short term goals
- Make three long term goals and write a plan to achieve these goals
 - Present to Arukah staff
- Learn the Bible and memorize scriptures
 - Memorize seven more designated scriptures
 - Recall Level 1, 2, and 3 scriptures
 - Recall Matthew 22:37-40 Be able to explain it and how you are living this verse out in your life.
 - Recall Old and New Testament books of the Bible in order
- Complete Written Essays:
 - Write a 2000-word essay on “My personal Testimony”
 - Present this to staff
 - Present to peers (if you feel comfortable)
 - Write a 1,000-word essay on “What is the Importance of accountability and integrity?”
 - Be able to explain this to staff and peers
 - Write a 1,500-word essay on each Bible Study book
- Read Books:
 - “Frameworks”
 - “If You Want To Walk On Water You’ve Got To Get Out Of The Boat”
- Plan:
 - Create practical steps to your exit plan and present to Pastor/Staff
- Leadership:
 - Lead Bible study for staff and peers
 - Support a new resident for the first two weeks of their program

I acknowledge that I have read and understand the information written in “**Levels Overview**”. If I have any questions, I will ask the Executive Director or Arukah Staff conducting my interview.

Applicant Initials: _____



Application for Residential Program

Job Vocational Program

- All residents will actively participate in the Job Vocational Program.
 - Currently we receive donated items from local vendors and sell them. The revenue from sales helps provide for the lower resident fees to stay at Arukah House. Participation from residents in this is not an option. It is helpful for residents to learn job skills to transition back into the workforce and into independent living. If a resident chooses not to participate in the Job Vocational Program, they will not be allowed to continue in the program.
- Job Vocational Program can range from the Arukah shop, trade vocational program, classes, or other Arukah business.
- Residents will also be meeting with an employment advocate that will help with job searches, resume writing, interview skills, and budgeting. Part of the job vocational program is for residents to work with the advocates and complete relevant assignments.

Program Fees

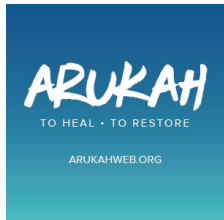
Arukah is free of charge until you start working. Once established in a job we allow for a month to save and then the program fee will begin. Arukah’s program fee is on a sliding scale where we require 20% of your net income up to \$650.00 per month. You will never pay more than \$650.00 per month. This also includes those receiving Social Security.

Life Skills Classes and Courses

All residents will be supported as much as possible, per the resources Arukah currently has. Residents will be required to be coached by our financial mentors and have a set budget for their expenses. An important goal is for all residents to have a savings account before they leave the Arukah Program. Residents will have regular financial follow up during their time at Arukah. They will be supported in other areas to grow into well rounded and confident individuals.

I acknowledge that I have read and understand the information written in “**Job Vocational Program**”, “**Program Fees**”, and “**Life Skills Classes and Courses**”. If I have any questions, I will ask the Executive Director or Arukah Staff conducting my interview.

Applicant Initials: _____



Application for Residential Program

Liability Release and Agreements (required upon acceptance into program)

I, _____ (*Print first name*), do not hold Arukah or the Arukah House responsible any of my medical needs, dental needs, personal possession, and/or any legal matters that I may have or incur. I am applying into this program under my own free will and do not hold the above mentioned responsible or liable during my time at Arukah or for any accidents that may occur on or around their property, nor any accidents that may occur while at job vocational training or volunteering with this program.

_____ (*Print first and last name*)

_____ *Signature* _____ *Date*

I, _____ (*Print first name*) take full responsibility for all my actions while I am here in this program.

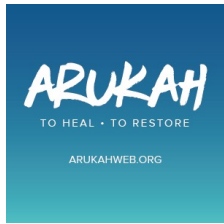
_____ (*Print first and last name*)

_____ *Signature* _____ *Date*

I, _____ understand that while I am living at or participating in the Arukah House my person and/or all my personal belongings are subject to search by Arukah Staff if they feel like rules were being broken and have a good reason to search items. I understand that this includes mail, gifts from family and/or friends, or anything else that I may own, rent or have in my possession. Any items that are forbidden will be confiscated and may result in expulsion from the Arukah House.

_____ (*Print first and last name*)

_____ *Signature* _____ *Date*



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I, _____ authorize the Arukah to obtain any information needed about me during my stay at the Arukah House; including medical records, legal records and criminal background information. I authorize any doctor’s office, medical facility, attorney’s office, court, state, federal and FBI to release information about me to Arukah. I authorize and give permission to Arukah to make any inquiries and requests on my behalf to General Assistance, Food Stamps, and the Social Security Office. All information will be kept confidential.

_____ (Print first and last name)

_____ Signature _____ Date

I, _____ agree to random or “upon request” drug or breathalyzer testing by Arukah Staff. Failure to submit to a drug or breathalyzer test or a positive result on a drug test may result in immediate expulsion from the Arukah House.

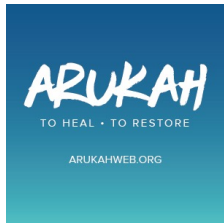
_____ (Print first and last name)

_____ Signature _____ Date

I, _____, will remove my belongings within 24 hours or less, of dismissal, discharge or upon completion of program. I fully understand that all my belongings left at the Arukah House will be given to charity or thrown away immediately.

_____ (Print first and last name)

_____ Signature _____ Date



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References

If you are currently incarcerated, we would like to send an employee of the CDCR that knows you well and is willing to fill out the reference form on your behalf that we will send to them at a later date. We will need your approval to do this.

Name of Reference: _____
 Phone: _____ Email: _____
 Address: _____
 Job Title: _____

I, _____ (*Applicant print first/last name*) give _____ (*Reference first and last name*) permission to complete the Arukah Reference form. I give up my full rights to see the form once completed and returned to Arukah.

_____ (*Print first and last name*)

_____ *Signature* _____ *Date*